

## **Cultural Diversity Trainings**

The North Carolina Office of Minority Health and Health Disparities currently have three cultural diversity trainings. These are the Cultural Diversity Foundation Training Initiative, The Nosotros: Latino Culture Training and The African-Americans Culture Training.

The ultimate goal of the **Cultural Diversity Foundation Training Initiative** is to increase participants' awareness, knowledge and skill-building needed to begin setting a foundation for building a more culturally competent public health and human service delivery system.

### **Objectives of the Training**

- Increase awareness of own culture
- Increase awareness of what is needed to adequately serve minorities
- Expose to knowledge of the various cultures around us
- Develop a plan for developing skills to serve minorities (individual and institutional change)

**The Nosotros: Latino Culture Training** strives to provide a comprehensive view of the Hispanic/Latino community in order to assist public health and human service agencies in providing effective and efficient services to the Hispanic/Latino clients.

### **Objectives of the Training**

- Continue and expand the process of cultural awareness
- Promote knowledge and understanding about the Hispanic/Latino culture
- Provide information on the culture of the Mexican population, the largest Hispanic/Latino group in North Carolina
- Provide information about health/human services and other resources that are helpful to serve the Hispanic/Latino population
- Begin the process of culturally competent action planning by developing short-term goals to more effectively serve this population

**The African-Americans Culture Training** is to engage participants in a discussion on matters that relate to African-Americans culture and the impact that systemic structural barriers (e.g. policies, procedures, practices, etc.) and culture have on the health status of and health and human service delivery to this population.

### **Objectives of the Training**

- Provide a demographic and health status profile of African-Americans in North Carolina
- Identify key historical events that influence African-American health status (policies, practices, procedures)
- Examine African-American culture, cultural differences, and their relationship to health and human services delivery
- Identify roles and responsibilities of key stakeholders in eliminating health disparities
- Review scenarios as way of promoting practical discussion on real health disparity issues

To schedule a training please contact Marie Miranda, Public Health Consultant/  
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