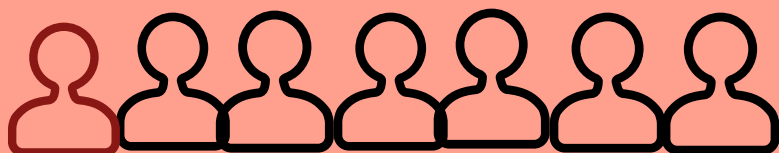


# NC AMERICAN INDIAN Diabetes Disparities

## Data from 2011-2015 for NC American Indians

American Indians in NC have the **2nd HIGHEST** rate of diabetes of any racial/ethnic population in the state



**1/7** American Indian adults have been diagnosed with diabetes

The death rate for American Indians from Diabetes is **DOUBLE** that of Whites

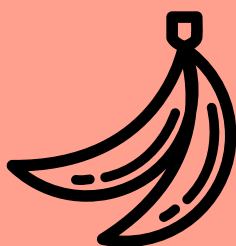
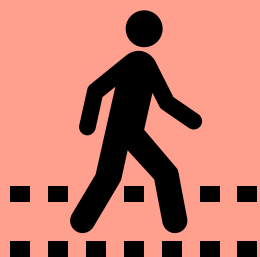
### DIABETES

**#4** Leading cause of death for American Indians

**#1** Leading cause of adult blindness and kidney failure

By maintaining a healthy weight, eating right, and exercising, type 2 diabetes

**CAN BE PREVENTED!**



REDUCES RISK BY:

**1/2**



NORTH CAROLINA  
*American Indian Health Board*

For more information go to:

[www.schs.state.nc.us](http://www.schs.state.nc.us)

&

[www.diabetes.org](http://www.diabetes.org)



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